

RELATIONSHIPS, SEX AND HEALTH EDUCATION (RSHE) AT PRIORY SCHOOL



We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why all our students are taught Relationships, Sex and Health Education as part of our carefully planned tutor programme.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when the statutory curriculum was last updated – so changes which came about in 2020 bring the content into the 21st century, so that it is relevant for your child.

Relationships and Sex Education

Relationships and Sex Education at Priory School aims to give young people the information they need to help them develop healthy, nurturing relationships of all kinds.

We cover content on what healthy and unhealthy relationships look like and what makes a good friend, colleague and successful marriage or committed relationship. At the appropriate time, the focus will move to developing intimate relationships, to equip your child with knowledge they need to make safe, informed and healthy choices as they progress through adult life.

By the end of their time with us, students will have been taught content on:

- families
- respectful relationships, including friendships
- online media
- being safe
- intimate and sexual relationships, including sexual health

Health Education

Health Education at Priory School aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of their time with us, students will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body



The important lessons you teach your child about healthy relationships, looking after themselves and staying safe, are respected and valued. Teaching at Priory School will complement and reinforce the lessons you teach your child as they grow up.



You can find further details on the statutory curriculum by searching 'relationships, sex and health education' on GOV.UK

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YEAR 7 RSHE

Content includes:

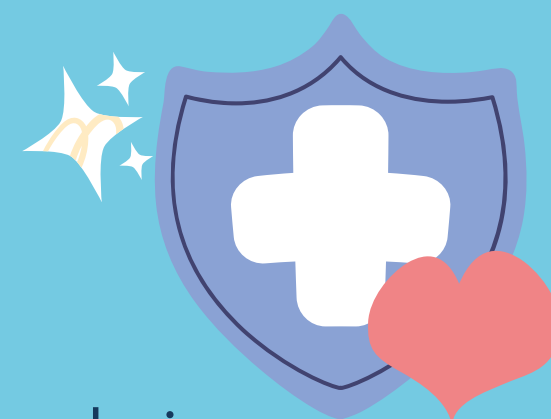
- Respectful relationships: positive friendships
- Respectful relationships: boundaries.
- Puberty
- Personal Hygiene
- Sleep
- Bullying & impact of bullying
- Mental wellbeing
- Safe online behaviour



YEAR 8 RSHE

Content includes:

- Respectful relationships: conflict & reconciliation
- Discrimination
- Respect & tolerance
- Online risks
- Hygiene, puberty and body image
- Conception & contraception
- Legal & illegal drugs
- Marriage, cohabiting & parenting



YEAR 9 RSHE

Content includes:

- Healthy lifestyles
- Healthy relationships
- Consent
- Online safety
- Sexually transmitted infections
- Alcohol & tobacco
- Family relationships
- Respectful relationships - including controlling and coercive control



YEAR 10 RSHE

Content includes:

- Physical activity & mental wellbeing
- Informed consent
- Alcohol & drugs
- Fertility & reproduction
- Pregnancy & miscarriage
- Domestic abuse
- Sexually transmitted infections
- Self examination, screening & smear tests
- Dangers of viewing explicit material



YEAR 11 RSHE

Content includes:

- Mental wellbeing: stress, violence & aggression, and anti-social behaviour
- Obsessive online behaviours
- Contraception
- Consent
- Dangers of viewing explicit material



If you would like any further information please get in touch with:
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